

YouthFirst
Parents Learning About Youth Sports
Certification Quiz

1. Violence in youth sports is generally committed by which of the following groups?
 - a. Coaches
 - b. Parents
 - c. Spectators
 - d. All of the above

2. Violence at youth sports events usually occurs at games involving which of the following age groups?
 - a. 5-6 year olds
 - b. 8-10 year olds
 - c. 11-13 year olds
 - d. 15-16 year olds
 - e. All of the above

3. Which percentage more accurately reflects how many young children quit sports by age 13?
 - a. 14%
 - b. 20%
 - c. 20%
 - d. 85%
 - e. 70%

4. Which of the following is not a suggestion for a youth sport parent?
 - a. Let your child play
 - b. Always over-rule the coach's decisions
 - c. Emphasize fun
 - d. Create a positive environment

5. What best describes the behaviors seen in very young athletes?
 - a. Being easily distracted
 - b. Parallel play, not peer play
 - c. Simple behaviors
 - d. No sense of team organization
 - e. All of the above

6. Which of the following would not be considered a role of the parent?
 - a. Being a parent
 - b. Making the coach play your child
 - c. Supporting your child's interest
 - d. Being a good role model

7. Which of the following are not appropriate parent tips?
 - a. Being a positive role model
 - b. Support your child
 - c. Encourage fun
 - d. Be a loud and rude spectator
 - e. All of the above

8. Which of the following should be the focus of any youth coach?
 - a. Focusing on fun
 - b. Not yelling at players
 - c. Allowing every player to play
 - d. None of the above
 - e. All of the above

9. Which of these is inappropriate behavior for a coach?
- Giving exercise as a punishment
 - Yelling at players
 - Not teaching skills
 - Not making it fun
 - All of the above
10. Which of the following is not a role of the coach?
- Pushing players til they hurt
 - Promoting fun
 - Teaching sportsmanship
 - Teaching skills
 - Working with parents
11. What would you consider the biggest problem between parent and coach?
- Supporting the coach
 - Inquiring on the coach's philosophy
 - Allowing the coach to coach
 - Not communicating with the coach
12. What is the number 1 reason kids quit sports?
- They are too busy
 - Excessive pressure from parents
 - Not having fun
 - Skill level is low
 - All of the above
13. Which of the following adds to kids not having fun in youth sports?
- Excessive pressure from parents
 - Coach yells too much
 - Not enough skills
 - Not getting to play
 - All of the above
14. What should parents do to make participating in youth sports by their children a fun experience?
- Support the coach
 - Help the child develop skills
 - Support the child
 - Emphasize fun
 - All of the above
15. Which of the following can positively affect a child's involvement in sports?
- Parents
 - Coaches
 - The kids themselves
 - None of the above
 - All of the above

Name (please print)

Date of training